



GLUTEN FREE

Starters

Marinated olives with crusty bread	£3.75
Homemade soup Crusty bread, See daily specials	£4.50
Avocado, tomato & buffalo mozzarella Fresh basil dressing	£6.95
Smoked salmon & crayfish.	£7.50
Crispy duck & chicken wings Sticky plum sauce, Asian slaw, crispy seaweed	£6.50
Pan seared scallops Minted pea puree, crispy prosciutto	£10.50

Box baked camembert- great to share Garlic & rosemary, onion marmalade, crusty bread	£11.95
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Burgers

All served in a bun with skin on fries, dressed salad and coleslaw

Classic burger Melted cheddar, lettuce, tomato, onion jam	£12.50
Crispy halloumi burger Roasted peppers, pesto, grilled field mushroom	£12.00
Cajun chicken burger Melted cheddar, lettuce, tomato, sour cream	£12.50
Build your burger with any of these- halloumi £3.50/bacon £1.50/pulled pork £3.50/flat mushroom £1.50	

Sides

Triple cooked fat chips	£3.50
House salad	£3.00
Buttered greens	£3.00
Skin on fries	£3.00
Sweet potato fries.	£3.50

Lunch menu

Honey roast ham Fried eggs, triple cooked fat chips	£10.50
Ploughman`s lunch Sussex cheddar, pickled onion, celery, pickle, crusty bread	£7.95
Flat iron steak sandwich On toasted ciabatta, onion marmalade, horseradish cream	£9.95
Chicken Cajun salad In flour tortilla, sour cream	£7.50
Bashed avocado On toasted ciabatta, buffalo mozzarella, cherry tomatoes	£6.95
Roasted vegetable wrap Roasted Med` vegetables in a flour tortilla, pesto dressing	£7.25

Desserts

Sticky toffee pudding Vanilla ice cream, toffee sauce	£6.00
Classic crème brulee Vanilla shortbread	£6.25
Baked chocolate cookie sundae Salted caramel & vanilla ice cream, strawberries	£6.00
Warm chocolate brownie Vanilla ice cream	£6.00

Mains

Roasted breast of chicken Dauphinoise potato, Cavolo Nero, mushroom cream	£12.95
Pan fried seabass fillets Crayfish lemon butter, baby new potatoes, fine beans	£16.50
Thai yellow vegetable curry Rice noodles, sesame pak choi, crushed peanuts	£12.50
Slow roasted, apricot stuffed pork belly Lyonnaise potatoes, sweet red cabbage, dark cider jus	£16.50
Crispy duck salad Orange segments, pine nuts, garlic croutes, mooli & cucumber ribbons, honey dressing	£15.50
Toasted goats cheese salad Sun blush tomatoes, roasted butternut, quinoa, beetroot, pomegranate seeds, lemon dressing	£12.25
8oz peppered sirloin steak Triple cooked fat chips, roast tomato & mushroom, salad	£18.95
8oz flat iron steak Triple cooked fat chips, roast tomato & mushroom, salad	£16.25

Stone baked pizzas

Buffalo mozzarella, tomato, basil	£9.25
Double pepperoni, tomato, roquito chillies, mozzarella	£11.25
Prosciutto, black olives, mushrooms, tomatoes, mozzarella	£10.50
Goat`s cheese, red onion, spinach, mozzarella, sun blushed tomato	£11.00
Pulled pork, chorizo, serrano, chilli, tomato, mozzarella	£11.25
Grilled Aubergine, peppers, courgettes, roquito peppers, Vegan mozzarella	£10.95
Crayfish, smoked salmon, anchovy, rocket	£11.50

Please note- our food is cooked to order and there may be a delay during peak times. All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions may not include all ingredients; if you have a food allergy please tell us before ordering. Fish may contain small bones.